



# COLIN RICHMAN

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PERIODONTICS · ORAL MEDICINE · DENTAL IMPLANTS · SFOT

*Diplomate, American Board of Periodontology*

Programming for all members of the  
interdisciplinary dental Team  
aimed at achieving  
comprehensive care consistently



[www.drcolinrichman.com](http://www.drcolinrichman.com)

## Available Interdisciplinary Programs.

- 1. Hands-on Virtual Training for SFOT/PAOO. (Surgeon + Orthodontist)**
- 2. Why Don't Our Teeth Fit Our Jaws, and What We Can Do About It? (The value of SFOT in Comprehensive Care Dentistry)**
- 3. Periodontitis, the Disease**
- 4. Preventing Bad Things from Happening to Good Implants**
- 5. Achieving Comprehensive Care Consistency (aka Big Case Dentistry)**
- 6. Interactive Treatment Planning for the Dental Team Presentation of one case, approximately 2 to 2.5 hours**
- 7. Contemporary Periodontology and Implant Dentistry. A Clinical Update for 2021 and Beyond.**
- 8. Abutments: The Good, The Bad and The Ugly.**
- 9. Preparedness in the Face of a (Personal or Immediate Family) Medical Crisis – My Story.**

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**The following are available on request:**

Learning Objectives for each program,  
CV and Bio., Seattle Study Club Awards, Testimonials.

# 1. Virtual Surgical (Hands-On) Training (SFOT/PAOO/POPA)

- Many periodontists and oral surgeons have expressed an interest in SFOT hands-on training, plus promotion of this treatment modality in their dental communities. This relates both to yourself, your community orthodontists and referring dentists, plus hygienists and clinical staff.
- I have built a detailed, surgically oriented PowerPoint seminar for Periodontists and Oral Surgeons plus their referring orthodontist/s to meet this request.
- I propose teaching the program **interactive seminar style** and virtually through Zoom.
- Each program will be limited to six surgeons and their guest/s orthodontist. This format should facilitate substantial group interactive discussion.
- Remuneration: Our family recently established a substantial scholarship fund through the AAP foundation. Honoraria will be a reasonable donation to this fund. A total amount of \$5,000.00, (or more), per attendee which includes one or two orthodontists is suggested (The Richman family AAPF scholarship will be awarded annually to residents and young faculty interested in research devoted to the Perio-Ortho interface, with a strong emphasis on SFOT/PAOO).
- The Training program will be 4 hours, probably on a Saturday morning (10.00am - 2.00(PM)), or a Thursday evening from 4.00pm – 8.00pm. Included in the package, I shall subsequently host an educational program for clinical staff (especially hygienists and assistants) and referring dentists in your community.
- An appropriate supporting literature package, (surgical and orthodontic) will be provided.
- This will be followed by periodic treatment planning sessions and, problem solving sessions.
- Please let me know if you are interested in this training package. My cell phone and email are above.
- Also, let me know if you have any colleagues (periodontists or oral surgeons) who might be interested in this SFOT training program. I shall then contact them.

**Target audience is all clinical members of the dental team: Dentist, Dental Specialist, Hygienist**

## 2. Why Don't Our Teeth Fit Our Jaws and What can we do about it? An Interdisciplinary Approach

What is SFOT (Surgically Facilitated Orthodontics, PAOO, Periodontally Accelerated Orthodontics and Wilckodontics)?

### *An Interdisciplinary Approach*

SFOT (a.k.a. PAOO, POPA and Wilckodontics) are innovative dental technologies, combining generative/regenerative periodontal therapy with orthodontic treatment. This enables the dentist to minimize potential iatrogenic risk factors associated with orthodontic therapy (see below). Favorably positioned teeth, plus an enhanced mucogingival complex, facilitate ideal and predictable long-term esthetics and function.

#### **Therapeutic aspects of SFOT include:**

- Treatment of existing recession and periodontitis lesions.
- Enhancement of thin biotypes, minimizing the risk of iatrogenic gingival recession associated with orthodontic treatment.
- Greater post treatment orthodontic stability.
- Less apical root resorption.
- Accelerated orthodontic treatment, usually completed in six-nine months.
- Less need for orthognathic treatment or extractions.



#### **Learning objectives:**

- Understanding the etiology of gingival recession, apical root resorption and orthodontic relapse from an anthropological, functional and genetic perspective.
- Benefits, limitations, and complications of Orthodontic treatment.
- Introducing SFOT into your general and specialty dental community.
- Evidence supporting the concepts of SFOT.

**Target audience is all clinical members of the dental team: Dentist, Dental Specialist, Hygienist**