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PERIODONTICS · ORAL MEDICINE · DENTAL IMPLANTS · SFOT

Diplomate, American Board of Periodontology

Programming for all members of the
interdisciplinary dental team
aimed at achieving
comprehensive care
consistently.



www.drcolinrichman.com

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(Programs are Interdisciplinary).

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*Available on request: CV, Bio.,
Testimonials, Seattle Study Club Awards.*

Virtual Surgical (Hands-On) Training (SFOT/PAOO/POPA)

- Many periodontists and oral surgeons have expressed an interest in SFOT hands-on training, plus promotion of this treatment modality in their dental communities. This relates both to yourself, your community orthodontists and referring dentists.
- I have built a detailed, surgically oriented PowerPoint seminar for Periodontists and Oral Surgeons plus their referring orthodontist/s to meet this request.
- I shall teach the program **interactive seminar style**, virtually through Zoom.
- Each program will be limited to six surgeons and their guest/s orthodontist. This format should facilitate substantial group interactive discussion.
- Remuneration: Our family recently established a substantial scholarship fund through the AAP foundation. Honoraria will be a reasonable donation to this fund. An total amount of \$5,000.00, (or more or more), per attendee and orthodontist/s is suggested The Richman family AAPF scholarship will be awarded annually to residents and young faculty interested in research devoted to the Perio-Ortho interface, with a strong emphasis on SFOT/PAOO.
- The Training program will be approximately 4 hours, probably on a Saturday morning, or alternatively on aa weekday from 4-8, as requested by attendees. Included in the fee, will subsequently host an educational program for clinical staff (especially hygienists and assistants) and referring dentists in your community.
- Appropriate supporting literature, (surgical and orthodontic) will be provided.
- This will be followed by treatment planning sessions, problem solving sessions etc. periodically. The initial contribution will cover the second program.
- Please let me know if you are interested in this training. My cell phone and email are above.
- Also, let me know if you have any colleagues (periodontists or oral surgeons) who might be interested in this SFOT training program. I shall then contact them.

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Target audience is all clinical members of the dental team: Dentist, Dental Specialist, Hygienist

Why Don't Our Teeth Fit Our Jaws and What We Can Do About It

An Interdisciplinary Approach

SFOT (a.k.a. PAOO, POPA and Wilckodontics) are innovative dental technologies, combining generative/regenerative periodontal therapy with orthodontic treatment. This enables the dentist to minimize potential iatrogenic risk factors associated with orthodontic therapy (see below). Favorably positioned teeth, plus an enhanced mucogingival complex, facilitate ideal and predictable long-term esthetics and function.

Therapeutic aspects of SFOT include:

- Treatment of existing recession and periodontitis lesions.
- Enhancement of thin biotypes, minimizing the risk of iatrogenic gingival recession associated with orthodontic treatment.
- Greater post treatment orthodontic stability.
- Less apical root resorption.
- Accelerated orthodontic treatment, usually completed in six-nine months.
- Less need for orthognathic treatment or extractions.



Learning objectives:

- Understanding the etiology of gingival recession, apical root resorption and orthodontic relapse from an anthropological, functional and genetic perspective.
- Benefits, limitations, and complications of Orthodontic treatment.
- Introducing SFOT into your general and specialty dental community.
- Evidence supporting the concepts of SFOT.

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Periodontitis, the Disease: Diagnosis and Management

*Clinical Perspectives for the Dental Team for Long-Term Predictability.
(including peri-implantitis)*

This clinical presentation defines the “State of the Art” relative to definitive contemporary periodontitis and peri-implantitis management.

Topics include:

- Periodontal infection, inflammation, pathology, and systemic implications, from the clinical perspective.
- Impact of periodontal disease on multi-rooted teeth.
- Effective diagnostic records to achieve definitive periodontal therapy.
- Achieving long-term treatment success through definitive pocket elimination therapy, either respective or regenerative.
- Plaque control and professional maintenance care, as critical factors for long-term success.
- The relationship between periodontitis (chronic inflammation) and a myriad of systemic diseases.



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Preventing Bad Things from Happening to Good Implants

A working knowledge of reducing diagnostic, surgical, prosthetic, and long-term maintenance factors, enabling the clinician to provide more predictable dental implant care to their patients.

Topics include:

- The incidence of peri-implantitis appears to be increasing at a dramatic rate, resulting in frustration and significant loss of revenues to both the patient and the dental team.
- Worldwide, it is currently estimated that >1,000,000 implants are being explanted annually.
- Obviously pro-active surgical, prosthetic and long-term maintenance is critical for long-term success.
- Risk factors associated with these issues will be reviewed in detail from the clinical perspective. strategies will be introduced to enhance implant therapy predictability and reduce risk and unfavorable functional or esthetic outcomes.



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Achieving Comprehensive Dental Care Consistency

This fun-filled interactive program, will help dentists plus their team members (including specialists) elevate their practices towards more “Big Case Dentistry” and comprehensive care:

Topics include:

- Instilling a philosophy and culture in your team for achieving comprehensive care.
- Avoiding missing opportunities for achieving comprehensive dental care.
- Clinical data gathering – records, analyses, diagnosis, treatment planning, effective case presentation, team responsibilities, treatment delivery, and ‘making it happen.’
- The above data will then be analyzed relative to etiology, diagnosis, and treatment planning in the four categories of Periodontal, structural (teeth), myo-functional, and esthetics (as per Kois, Spear, Roger Levine)



Target audience is all clinical members of the dental team: Dentist, Dental Specialist, Hygienist

Interactive Hands-On Treatment Planning for All Members of the Interdisciplinary Dental Team

One case, approximately 2 to 2.5 hours

Topics include:

- Dentists, hygienists, and attending specialists working together will be provided with comprehensive records of a patient presenting with complex dental problems.
- As teams, each group will establish a treatment plan using varying scenario, e.g., no orthodontics or limited finances.
- A salesperson from each group will present their teams hypothetical treatment plan to the audience.
- Dr. Richman will then present the actual treatment provided.
- These sessions provoke much thought and debate with lively discussion and fun for all members of the team, especially ancillary staff, and hygienists.
- The role of the hygienist in facilitating patient acceptance or comprehensive care will be emphasized. This includes his/her role in the interdisciplinary dental team, striving to achieve comprehensive esthetic and functional dental care consistency.



Target audience is all clinical members of the dental team: Dentist, Dental Specialist, Hygienist

Contemporary Periodontology and Implant Dentistry: A Clinical Update for 2021 and Beyond

Learning objectives:

- Evidence based treatment concepts to achieve definitive periodontal therapy and associated long-term success. Topics will include benefits and limitations of scaling and root planning, perioscopy, respective and regenerative surgical pocket reduction and LANAP.
- Goals, objectives, and factors guiding the definitive end point of periodontitis therapy.
- Adjunctive periodontal surgical therapies to facilitate predictable restorative and orthodontic therapy.
- Contemporary thought regarding the status of soft and hard tissue grafting modalities.
- The role of implant therapy in comprehensive care.
- Implants versus teeth. (Perhaps implants are not a panacea!).
- Risk factors associated with implant therapy, including Peri-implantitis therapies (When, where and why).
- Value of comprehensive interdisciplinary strategies to achieve predictable long-term treatment success, in other words, treatment planning for the fourth dimension – TIME.

Target audience is all clinical members of the dental team: Dentist, Dental Specialist, Hygienist

Abutments: The Good, The Bad and The Ugly

Topics include:

Peri-implantitis has been identified in up to 50% of surveyed communities. To decrease the prevalence of peri-implantitis, it is necessary for dental practitioners to identify factors associated with this condition, and render proactive rather than re-active treatment to decrease the risk of peri-implantitis in our patient populations

Learning Objectives include:

- Identify various prosthetic and abutment design factors associated with iatrogenic peri-implantitis.
- Develop appropriate strategies for patient's compliance and effectiveness in their plaque control endeavors.
- Learn clinical and biological features of the treatment modality known as the 'On One' abutment system, as well as the concept of 'One Abutment One Time'.
- Recognize future trends in implant design and implant surfaces to facilitate predictable long-term treatment success.

Target audience is: Dentist, Dental Specialist, Hygienist and Laboratory Technician.

Preparedness in the face of a emergency crisis personal or immediate family.

“My story”

“Preparedness” for Personal Healthcare Crises.

- Oxford Dictionary:
“A state of readiness”

“An important quality
in achieving goals and
in avoiding and
mitigating negative
outcomes”



Just **4 in 10** U.S. Adults Have a Will



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Preparedness for Personal Healthcare Crises

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Personal ...
Documentation
Medical
Legal
Location
Accessibility

Professional ...
Practice
..continuation
Trusted
..colleague
Evaluation

Medical ...
Insurance
Concierge MD
Rapport with
..medical
..providers
Funeral
..arrangements

Lifestyle ...
Sale of
..business
Rehabilitation
Future work